

CLEANING ROUTINE

MOM'S ESSENTIAL

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MORNING

- **Make Beds**
- **Weekly Laundry**
- **Clean Kitchen**
- **Declutter**
- **Dust**
- **Sweep**
- **Mop**
- **Wipe Bathrooms**

AFTERNOON

- **Daily Laundry**
- **Fold Clothes**
- **Iron Clothes**
- **Put Away Clothes**
- **Zone Cleaning**

EVENING

- **Clean Kitchen**
- **Declutter**

ZONE CLEANING

Zone 1 **Kitchen**

- *Monday - Clean fridge & freezer*
- *Tuesday - Dust ceiling & wall*
- *Wednesday - Clean cabinets*
- *Thursday - Clean drawers*
- *Friday - Clean microwave /oven/toaster*

Zone 2 **Front yard & entryway/launch pad**

- *Monday - Dust front ceiling & wall*
- *Tuesday - Dust front door*
- *Wednesday - Dust entryway vent, ceiling, wall*
- *Thursday - Dust bench & coat hanger*
- *Friday - Clean shoe rack*

Zone 3 **Kids bedroom & bathroom**

- *Monday - Dust bedroom ceiling, vent, wall, window*
- *Tuesday - Dust & straighten clothes closet*
- *Wednesday - Dust & straighten desk*
- *Thursday - Dust bathroom ceiling, vent, door, cabinet*
- *Friday - Scrub shower & toilet*

Zone 4 **Master bedroom & bathroom**

- *Monday - Dust bedroom ceiling, vent, wall, window*
- *Tuesday - Dust & straighten clothes closet*
- *Wednesday - Dust TV table, vanity, clean purse*
- *Thursday - Dust bathroom ceiling, vent, door, cabinet*
- *Friday - Scrub shower & toilet*

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ZONE CLEANING

Zone 5 Office

- Monday - Dust ceiling & wall
- Tuesday - Dust everything on the desk
- Wednesday - Clean, purge, organize drawers
- Thursday - Dust chairs, clean & organize computer (files)
- Friday - Purge & organize papers

Zone 6 Livingroom/Family room

- Monday - Dust ceiling, wall, window
- Tuesday - Dust TV table, book rack, toy rack
- Wednesday - Purge & organize CD/toys
- Thursday - Clean coffee table
- Friday - Clean & check on medicine box (expiry date)

Zone 7 Laundry

- Monday - Dust ceiling, & wall
- Tuesday - Clean cabinets
- Wednesday - Clean hangers & drying rack
- Thursday - Tub hygiene (washing machine self cleaning system)
- Friday - Clean ironing table

Zone 8 Backyard, storage, garbage, car

- Monday - Check, fertilize, organize plants
- Tuesday - Wash garbage bins
- Wednesday - Dust & straighten storage rack
- Thursday - Wash car body
- Friday - Clean inside car

WEEKLY

- Wash & change bed sheets
- Wash comforters
- Dog bath
- Wash lunch bags
- Wash jackets & coats

MONTHLY

- Week 1 - Wash blinds
- Week 2 - Vacuum beds & sofa
- Week 3 - Wash dog's crate
- Wash 4 - Wash fans
- Week 5 - Wash cleaning tools (broom, mopping cloths, etc)